



JANUARY 2023

Midway School District

Choice of milk offered daily.
All grains offered are whole grain-rich

Monday

Tuesday

Wednesday

Thursday

Friday

2

Winter
Break

3

Winter
Break

4

Winter
Break

5

Winter
Break

6

Winter
Break

9
Classic Cheeseburger
Ketchup & Mustard
Fresh Baby Carrots & Ranch
Fruitables Plus Juice
Mixed Fruit
Choice of Milk

10
Chicken Patty Burger
Ketchup, Mustard, Mayo.
BBQ Baked Beans
Cucumber Coins & Tajin
Applesauce
Choice of Milk

11
Cheeseburger Sliders
Ketchup, Mustard, Mayo.
Fruitables Plus Juice
Seasoned Corn
Diced Pears
Choice of Milk

12
Chicken Strips
BBQ Sauce & Ketchup
Potato Wedges
Fresh Broccoli & Ranch
Fresh Apple
Choice of Milk

13
Cheese Pizza
Fresh Baby Carrots
Fresh Mixed Salad & Ranch
Diced Peaches
Choice of Milk

16

Dr. Martin Luther
King Jr. Day

17
Deluxe Cheeseburger
Ketchup, Mustard, Mayo.
Potato Wedges
Cucumber Coins & Tajin
Fresh Apple
Choice of Milk

18
Bean & Cheese Burrito
Taco Sauce
Seasoned Pinto Beans
Fruitables Plus Juice
Mixed Fruit
Choice of Milk

19
BBQ Chicken Teriyaki
Brown Rice
Fresh Broccoli & Ranch
Fruitables Plus Juice
Fresh Pear
Choice of Milk

20
Cheese Pizza
Fresh Baby Carrots
Fresh Mixed Salad & Ranch
Frozen Apricot Cup
Choice of Milk

23

Taco Nada
Taco Sauce
Fresh Baby Carrots & Ranch
Seasoned Pinto Beans
Frozen Diced Peaches
Choice of Milk

24
Breaded Drumstick
Mashed Potatoes
Fresh Dinner Roll
Cucumber Coins & Tajin
Fresh Apple Slices
Choice of Milk

25
Taco Sauce
Fruitables Plus Juice
Seasoned Corn
Applesauce
Choice of Milk

26
Orange Chicken
Brown Rice
Fruitables Plus Juice
Fresh Broccoli & Ranch
Fresh Apple
Choice of Milk

27
Cheese Stuffed Sticks
Marinara Sauce
Fresh Mixed Salad & Ranch
Diced Pears
Choice of Milk

30

Cheese Quesadilla
Taco Sauce
Fresh Baby Carrots & Ranch
Seasoned Green Beans
Mixed Fruit
Choice of Milk

31
Macaroni & Cheese
Fresh Dinner Roll
BBQ Baked Beans
Cucumber Coins & Tajin
Fresh Apple
Choice of Milk



Menu subject to change without notice.
This institution is an equal opportunity provider.

Monday

Tuesday

Wednesday

Thursday

Friday

2
Winter Break

3
Winter Break

4
Winter Break

5
Winter Break

6
Winter Break

9
Cereal Bar
Cereal
Fresh Apple
Orange Tangerine Juice
Choice of Milk

10
Blueberry Pancake Syrup
Fresh Pear
Fruit Punch Juice
Choice of Milk

11
Double Chocolate Muffin
Fresh Banana
Orange Tangerine Juice
Choice of Milk

12
Cinnamon Toast Bar
Fruit Punch Juice
Mixed Berries Applesauce
Choice of Milk

13
Bakery Breakfast Bar
Fresh Apple Slices
Orange Tangerine Juice
Choice of Milk

16
Dr. Martin Luther King Jr. Day

17
Fun N Fruity Waffle Syrup
Fresh Pear
Orange Tangerine Juice
Choice of Milk

18
Double Chocolate Muffin
Fresh Banana
Fruit Punch Juice
Choice of Milk

19
Berry French Toast Syrup
Strawberry Applesauce
Orange Tangerine Juice
Choice of Milk

20
Mini Breakfast Cluster
Fresh Apple Slices
Fruit Punch Juice
Choice of Milk

23
Pop Tart
Cereal
Fresh Apple
Fruit Punch Juice
Choice of Milk

24
Mini Cinnamon Rolls
Strawberry Applesauce
Orange Tangerine Juice
Choice of Milk

25
Chocolate Chip Muffin
Fresh Banana
Fruit Punch Juice
Choice of Milk

26
Mini French Toast Syrup
Fresh Pear
Orange Tangerine Juice
Choice of Milk

27
Double Chocolate Muffin
Fruit Punch Juice
Mixed Berries Applesauce
Choice of Milk

30
Nutri-Grain Bar
Cereal
Fresh Pear
Orange Tangerine Juice
Choice of Milk

31
Apple Frudel Stick
Fresh Apple
Fruit Punch Juice
Choice of Milk

