



# BREAKFAST

# NOVEMBER 2022

Midway School District

Choice of milk served daily.  
All grains offered are whole grain-rich.

Monday

Tuesday

Wednesday

Thursday

Friday



Apple Frudel Stick  
Fresh Apple  
Fruit Punch Juice  
Choice of Milk

1

Cinnamon Roll  
Pumpkin Muffin  
Fresh Banana  
Orange Tangerine Juice  
Choice of Milk

2

Chocolate Crescent Roll  
Mixed Berries Applesauce  
Fruit Punch Juice  
Choice of Milk

3

Pan Dulce  
Fresh Apple Slices  
Orange Tangerine Juice  
Choice of Milk

4

Granola Bar  
Cereal  
Fresh Apple Slices  
Fruit Punch Juice  
Choice of Milk

7

Blueberry Waffles  
Syrup  
Strawberry Applesauce  
Orange Tangerine Juice  
Choice of Milk

8

Banana Muffin  
Pumpkin Muffin  
Fresh Banana  
Fruit Punch Juice  
Choice of Milk

9

Maple Madness Waffle  
Syrup  
Fresh Apple  
Orange Tangerine Juice  
Choice of Milk

10

Veterans' Day

11

Cereal Bar  
Cereal  
Fresh Apple  
Orange Tangerine Juice  
Choice of Milk

14

Blueberry Pancake  
Syrup  
Fresh Pear  
Fruit Punch Juice  
Choice of Milk

15

Double Chocolate Muffin  
Pumpkin Muffin  
Fresh Banana  
Orange Tangerine Juice  
Choice of Milk

16

Cinnamon Toast Bar  
Mixed Berries Applesauce  
Fruit Punch Juice  
Choice of Milk

17

Breakfast Bar  
Fresh Apple Slices  
Orange Tangerine Juice  
Choice of Milk

18

Thanksgiving Break

21

Thanksgiving Break

22

Thanksgiving Break

23

Thanksgiving Break

24

Thanksgiving Break

25

Rice Krispies Treat  
Cereal  
Fresh Apple  
Fruit Punch Juice  
Choice of Milk

28

Fun N Fruity Waffle  
Syrup  
Fresh Pear  
Orange Tangerine Juice  
Choice of Milk

29

Chocolate Chip Muffin  
Pumpkin Muffin  
Fresh Banana  
Fruit Punch Juice  
Choice of Milk

30



Menu subject to change without notice.  
This institution is an equal opportunity provider.

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Midway School District

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## Monday

## Tuesday

## Wednesday

## Thursday

## Friday

Green Salsa Burrito **1**  
Taco Sauce  
Seasoned Corn  
Cucumber Coins & Tajin  
Fresh Apple  
Choice of Milk

Macaroni & Cheese **2**  
Fresh Dinner Roll  
BBQ Baked Beans  
Fruitables Plus Juice  
Diced Peaches  
Choice of Milk

BBQ Rib Sandwich **3**  
BBQ Sauce  
BBQ Baked Beans  
Fresh Broccoli & Ranch  
Fresh Pear  
Choice of Milk

French Bread Pizza **4**  
Fresh Baby Carrots  
Fresh Mixed Salad & Ranch  
Applesauce  
Choice of Milk

Taco Nada **7**  
Taco Sauce  
Fresh Baby Carrots & Ranch  
Seasoned Pinto Beans  
Diced Pears  
Choice of Milk

Chicken Pattie Burger **8**  
Ketchup, Mustard, & Mayo.  
Curly Fries  
Cucumber Coins & Tajin  
Fresh Apple  
Choice of Milk

Red Chili Burrito **9**  
Taco Sauce  
Fruitables Plus Juice  
Seasoned Corn  
Diced Pears  
Choice of Milk

BBQ Chicken Teriyaki **10**  
Brown Rice  
Fruitables Plus Juice  
Fresh Broccoli & Ranch  
Fresh Apple  
Choice of Milk

**11**  
**Veterans' Day**

Jumbo Corn Dog **14**  
Ketchup & Mustard  
Fresh Baby Carrots & Ranch  
BBQ Baked Beans  
Mixed Fruit  
Choice of Milk

Chili Cheese Dog **15**  
Cucumber Coins & Tajin  
Seasoned Green Beans  
Applesauce  
Choice of Milk

Bean & Cheese Burrito **16**  
Taco Sauce  
Fruitables Plus Juice  
Seasoned Corn  
Diced Pears  
Choice of Milk

Turkey Gravy **17**  
Mashed Potatoes  
Fresh Dinner Roll & Apple  
Turkey Cookie  
Fresh Broccoli & Ranch  
Choice of Milk

Cheese Pizza **18**  
Fresh Baby Carrots  
Fresh Mixed Salad & Ranch  
Diced Peaches  
Choice of Milk

**21**  
**Thanksgiving Break**

**22**  
**Thanksgiving Break**

**23**  
**Thanksgiving Break**

**24**  
**Thanksgiving Break**

**25**  
**Thanksgiving Break**

Grilled Cheese **28**  
Fresh Baby Carrots  
Ranch Dressing  
Seasoned Pinto Beans  
Diced Peaches  
Choice of Milk

Deluxe Cheeseburger **29**  
Ketchup, Mustard, & Mayo.  
Potato Wedges  
Cucumber Coins & Tajin  
Fresh Apple  
Choice of Milk

Taco Chimichanga **30**  
Taco Sauce  
Fresh Baby Carrots  
Seasoned Corn  
Mixed Fruit  
Choice of Milk

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