



BREAKFAST

SEPTEMBER 2022

Midway School District

Choice of milk served daily.
All grains offered are whole grain-rich.

Monday

Tuesday

Wednesday

Thursday

Friday



No School

5

Cereal Bar
Cereal
Fresh Pear
Fruit Punch Juice
Choice of Milk

6

Double Chocolate Muffin
Fresh Banana
Orange Tangerine Juice
Choice of Milk

7

Cinnamon Toast Bar
Fruit Punch Juice
Mixed Berries Applesauce
Choice of Milk

8

Breakfast Bar
Fresh Apple Slices
Orange Tangerine Juice
Choice of Milk

9

Rice Krispies Treat
Cereal
Fresh Apple
Fruit Punch Juice
Choice of Milk

12

Fun & Fruity Waffles
Syrup
Fresh Pear
Orange Tangerine Juice
Choice of Milk

13

Chocolate Chip Muffin
Fresh Banana
Fruit Punch Juice
Choice of Milk

14

Berry French Toast
Syrup
Diced Peaches
Orange Tangerine Juice
Choice of Milk

15

Mini Breakfast Cluster
Fresh Apple Slices
Fruit Punch Juice
Choice of Milk

16

Pop Tart
Cereal
Fresh Apple
Fruit Punch Juice
Choice of Milk

19

Mini Cinnamon Rolls
Strawberry Applesauce
Orange Tangerine Juice
Choice of Milk

20

Chocolate Chip Muffin
Fresh Banana
Fruit Punch Juice
Choice of Milk

21

Mini French Toast
Syrup
Fresh Pear
Orange Tangerine Juice
Choice of Milk

22

Double Chocolate Muffin
Fruit Punch Juice
Mixed Berries Applesauce
Choice of Milk

23

Nutri-Grain Bar
Cereal
Fresh Pear
Orange Tangerine Juice
Choice of Milk

26

Apple Frudel Stick
Fresh Apple
Fruit Punch Juice
Choice of Milk

27

Cinnamon Roll
Fresh Banana
Orange Tangerine Juice
Choice of Milk

28

Chocolate Crescent Roll
Fruit Punch Juice
Mixed Berries Applesauce
Choice of Milk

29

Pan Dulce
Fresh Apple Slices
Orange Tangerine Juice
Choice of Milk

30



Menu subject to change without notice.
This institution is an equal opportunity provider.